## **Urethral Sounding: Let's Try It!**

Contributors: Beyond\_Bottom and DickStuffer from FetLife

### Q&A List:

## 1. Strategically, just lube a lot and slide it in slowly, yes?

#### Beyond\_Bottom

Strategically, just lube a lot and slide it in slowly, yes?

Yes. In fact, a well lubed sound will slide in on its own with gravity ideally. It may take some coaxing with the first one, till the lube is well applied. Using a medicinal syringe, like for kid's medicine, works very well for getting the lube in.

#### DickStuffer

That's about right, and of course everything should be clean.

## 2. Going from mild to wild, what makes sounds interesting for you? Estim? Vibe? Something else?

### Beyond\_Bottom

For me, it's all about pushing my limits and trying new things. The feeling of a sound vibrating against the prostate is absolutely amazing. While I haven't had the opportunity to experience e-stim with sounding but vibrating sounds and bullet vibes on regular sounds I strongly recommend it. It's now one of my favorite types of play.

#### DickStuffer

Just the deep-down feeling of having a urethra full of steel going as deeply as the bladder sphincter when possible.

# 3. Describing what it feels like to someone who has never felt it, what would you compare it to?

#### **Beyond Bottom**

It's very difficult to describe. But it is not like anything they have ever felt before. Once you get past any initial discomfort, the pleasure starts to happen. I think it is similar to anal play in that regard. It's important to stay relaxed.

#### DickStuffer

There is no comparison that comes to mind unless a person has had a catheter inserted for whatever reason. To me, it's a sublime feeling of being penetrated and filled in such a personal space.

## 4. What are the definite DO NOT DO THIS items that one typically wouldn't think of as a beginner?

### Beyond\_Bottom

Do not use anything that isn't sterilized. Including the lube. Surgical lube is definitely best. These are going inside a human body. Arguably, I think women are maybe more prone to UTIs than men, but it can still happen to either.

#### DickStuffer

Beginners should NOT think that a skinny (thus pointy) sound is the best way to begin. Pointy is dangerous and can lead to perforation. I would not recommend less than a diameter of much less than 6 mm / 1/4". That was where it all began for me.

## 5. Anything else you'd like to add?

#### Beyond\_Bottom

Sounding is a fantastic form of edge play. One that I look forward to a great deal. There may be a small bit of discomfort afterwards. This happens usually from micro tears or when the lube starts to dry out (its water based). It goes away quickly. I promise. I have never had discomfort last longer than a day afterwards. But COMMUNICATE with your partner. The top has no idea what the bottom is feeling at that moment so constantly communicate and it will be an enjoyable experience for all.

#### DickStuffer

Lube is worth mentioning, as many in the sounding community think that a water-based gel is best. In my experience, that type get sticky and draggy very quickly. My choice is glycerin-based personal lubes such as Astroglide. Also, it is thinner than gel and doesn't get "squeegied" off as readily.