

Come Closer: Headspace

Featuring Mistress Kye

Contributors: Mistress Parker, Sirdystik, and PissSwallower

Q&A List:

1. How would you define subspace/domspace/headspace?

Mistress Parker

For me, it's like a place of elevated self-consciousness. I find myself in a state in which I am able to more easily connect with deeper parts of my character/being.

Sirdystik

To me Topspace is only achieved through typically heavy impact play. I would describe it as animalistic in the sense that only my partner remains in the world, everything else fades away and I become hypersensitive to subtle changes in their movements, breathing and pheromones. Body language so to speak, I can read when to ramp up, change toys or when to pull back by subconscious movements in my partners.

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PissSwallower

I define subspace as almost meditative. I am singularly focused on serving my Sir. There is no other existence outside of this when in this state.

2. What are your personal triggers that lead you into your headspace?

Mistress Parker

Honestly, it depends on my mood. Some days, it can be something as simple as a smell; such as cologne. Other days, it can be complex to include a combination of

things; such as the feeling of my favorite whip in hand, the sound of my carefully selected play list & the visual of my sub presenting in the desired manor

Sirdystik

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PissSwallower

My triggers to get me there tend to be a deep, confident dominating energy from the Sir. A Man who knows how to lead a scene. This is the most important factor. Looks, is far less important than attitude and energy. Shared sexual interests helps a ton too.

3. Is there a way to control how deep you go?

Mistress Parker

Absolutely! As a Mistress, it's all about control for me. Sometimes I keep myself in a superficial level of headspace, where I'm hyper focused on my performance in the session; typically geared towards my sub's preference. Other times I will allow myself to drift deeper, where I am able to focus on satisfying my Own primal needs.

Sirdystik

How deep I get into my headspace is directly related to how heavy I play with my bottom, the farthest I've ever gone down the rabbit hole involved a steel cracker, 6' singletail and someone who's kink way heavy masochism and blood play. It took me days to equalize I was so high.

PissSwallower

To control my depth of subspace is 1. building trust, 2. Being in the moment with someone so I am not distracted, a safe place to play, a Sir that can run a scene well. If a Man is going to control a play session, he needs to lead with a steady hand. Both praise and discipline play a key role for me as well as verbal work. The feedback gets and keeps my head in the game.

4. Is there anything that can bring you out other than time and/or aftercare?

Mistress Parker

Aside from the norm, my sub. If their energy is not in it, neither is mine.

Sirdystik

What snaps me out is someone touching me or moving in a threatening manor. As for aftercare I need that as much as my bottom does to come back from the monster I need to be to inflict the amount of pain I do.

PissSwallower

A bad, insecure Sir can pull me right out of it. One who violates my trust will lead to end of everything. A fake Dom who is just going through the motions and it is obvious will do the same. Not feeling well, too sore, etc can also pull me out.

5. What are the safety protocols when in a scene with someone and they slip into their headspace?

Mistress Parker

I prefer to establish a rapport with my sub. It is of the utmost importance to me, that my subs trust that I can read their behavior well enough to respond appropriately to positive & negative cues beyond their safe words/actions

Sirdystic

Safety protocol for me is there is no renegotiating after the scene starts, I observe the typical stoplight rules that are pretty much universal in dungeons around the world, but we're not adding anything new to the play after we start. Regardless of how badly they are willing to or requesting any sort of sexual Contact or how badly I want the sexual contact, if it wasn't agreed on beforehand it won't happen.

PissSwallower

Safety protocols involve clear communication about likes, soft limits, and hard limits. Where each wants to explore or push limits, ideal scenes, bad experiences to avoid, taking time to build trust before becoming way too vulnerable physically (like blindfolded and restrained).

6. Giving full coverage to the subject, is there anything else you'd like to add?

Mistress Parker

Achieving any level of your true headspace, isn't as easier as many tend to think. I personally feel that much like meditation, it takes practice and an honest connection to oneself

Sirdystik

Full coverage. When negotiating make sure you mention your explicit preferences on sexual contact and whether you're consenting and to what level! Too many times have I seen a top start to renegotiate for it during a scene and it always turns out badly for the bottom afterwards (sometimes hours, sometimes days).

PissSwallower

Rapport is key. Getting comfortable with the nuances of each other helps a ton

Mistress Kye is an eXXXotica Dungeon Educator, Dominatrix and Lifestyle Domme, and a BDSM and Kink Educator. She can be found on multiple platforms under the name MistressKye. If finding us was among your first steps in your kink education journey, make her your second. She is open to hearing from you. And if you are already familiar with Mistress Kye or you have been in the lifestyle for some time and found yourself with us, thank you for being here.

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