## Ep7. SPLOSHING: LET'S TRY IT!

## 1. How would you define sploshing?

#### PI\_PHREEK

Sploshing is the term most commonly used in the UK. In Canada and the US, the more common term might be WAM, which stands for Wet And Messy. The internet hub of this community is at umd.net. Here is how they define things:

"Some folks might fancy a little whipped cream and chocolate to kink up a sexy evening. But some of us would fill a baby pool of it first. Some people like to eat their pudding, and some people like it better dribbled down the front of their suit jackets and into their laps. Most people shower without clothes, but some think clothes are an enhancement of the experience.

Such are the quirks of this gathering place by and for people who enjoy "sploshing," or getting "wet and messy." We affectionately call it "wam," and it means getting covered in any icky, sticky, mushy, slippery, or wet substance, as long as it originates from outside the body. Some of us find a rebellious pleasure in totally slopping up some nice clothes while they're being worn. Some others of us find it most exotic and sensual for an unclothed body to be slathered in the slipperiest, wettest concoctions. Food fights, mud wrestling, wet clothing, quicksand-sinking, messy sex, dunk tanks, and our countless other sub-niches are all fueled by one thing: the thrill of the transition from clean and proper, to gloriously soaked or filthy and wanton.

We do this to ourselves, we do it to each other, and many of us just enjoy watching. It's not supposed to be mean, and hopefully it's not intimidating. But it's totally against what's accepted in our sterile society, and that's what makes it totally naughty, totally sexy, and totally fun. Around here, the figurative and literal interpretations of "dirty" are purposely conflated, and the result is an explosion of primal sexiness of the most lascivious nature."

#### PSYCKLITLEPUPPY

Sploshing is a way to have fun and get messy while also being creative.

#### GINNYPIE

Many people view sploshing as synonymous with WAM play (wet and messy play), but personally I always think of sploshing as a sub-category of WAM that exclusively uses food and food products. So if you were to use paint or slime, I would call that WAM but not sploshing. Not everyone agrees with that but it's how I've always differentiated.

#### SHATTERED PULSE

Sploshing is the act of getting filthy or dirty by yourself or someone else in anything that can make you messy. Some sploshing may fall under other categories (like watersports or bloodplay), but I consider all wet and messy play to be sploshing.

## 2.Do you like to create the mess, get messy, or both?

#### **PI\_PHREEK**

For me, personally, I am a switch. I like to mess and be messed. My own particular branch of getting messy is to play with pies. A naked pie fight is my favourite thing in the whole world (as you can see from my profile pics).

#### PSYCKLITLEPUPPY

I like both!

#### GINNYPIE

I like both creating mess and getting messy.

#### SHATTERED PULSE

I like to do both! I think its more fun when the person I am sploshing with is getting dirty with me, so it happens back and forth usually, but I love being messy myself especially.

### 3.What is it about sploshing that intrigues you?

#### **PI\_PHREEK**

I love everything about throwing a pie into someone's face (or receiving one). The smell, taste, texture, or being engulfed in the goo. Then there is the psychological aspect - the power exchange - the transgressiveness of the act of pieing someone. I am very turned on by the humiliation aspect of pieing someone or being pied.

#### **PSYCKLITLEPUPPY**

Many things actually. Mixing the slime satisfied the mad scientist (insert nefarious laugh) in me, then if course there's the social aspect, and being playful and a bit messy always speaks to my little/puppy.

#### GINNYPIE

If you've never had the feeling of frosting on your skin it's unlike anything else, it's so soft! There's also a mental aspect to it— sploshing let's you get back to a silly, playful place that many of us lose when we get older. It's so much fun to give yourself the freedom to be weird! And why should kids be the only ones who get to play with their food? Adult life is stressful, and there's no better cure to monotony than switching off your brain and jumping into a baby pool filled with pudding.

#### SHATTERED PULSE

The complete freedom and lack of inhibition during it. We spend our whole lives trying to stay clean. We're expected to wash our bodies, put on clean clothes, keep our homes clean, eat neatly so we don't get dirty. There is this constant pressure to be in a state that is sometimes difficult to maintain. But when I'm sploshing I can drop all of those expectations and that is everything to me. It's liberating mentally, emotionally, physically and sexually.

The textures are amazing. You know how some people like to feel the sand in their toes at the beach? It's like that but on another level! I want to feel messy all over my body. And in anything that makes me or my partner happy. Including bodily fluids. I don't draw many lines when it comes to getting messy.

The acceptance. I want to be disgusting and be loved for it. I don't find words like "gross", "disgusting", or "hot mess" to be insulting or humiliating. I find them to be a compliment. I love feeling like all of those things.

On a more submissive note, specifically if I'm doing sploshing in a large amount of bodily fluids, it feels like an honor that my partner or friend willing to share so much of themselves with me, even if its things people don't normally want to be sharing. Lol. I really cherish those moments. One of my favorite things my best friend does is at random moments (at appropriate times obviously) when were eating, she'll drool some of her food into my mouth and sometimes on my face and rub it all over my face and then call me disgusting. It's really sweet. <3

# 4.What's the wildest thing you ever used in a sploshing session?

#### **PI\_PHREEK**

My own wam kink is pretty specific to pie, cakes (smashing a cake into a face or sitting on them - SO FUN), pudding, etc. I have never tried the "gunge" recipes, like kids' show-type slime, methylcellulose goo. I haven't played in mud or paint. I have a little experience playing in wet clothes, but not much. The only non desert that I have a LOT of experience with is shaving cream. I have made pies out of it and filled a kiddie pool with it. Not as much fun as deserts, but it has it's own merits. Visually, very good (coverage is important!) and it has a very silky texture that is fun. Super easy to clean up, too.

#### PSYCKLITLEPUPPY

I've only done slime sploshing.

#### GINNYPIE

I did a WAM scene with like... house building clay? You know the stuff you use to insulate walls? I can't remember exactly what it was off the top of my head, but a friend of mine had done a lot of research beforehand to make sure it was non-toxic and safe on the body, and it felt wonderful. Very cold. I've also mixed sploshing with ageplay scenes where I got to be a little bratty child in a playpen throwing spaghetti and Cheerios and beans at a wall, that was fun.

#### SHATTERED PULSE

Hmmm... I think it depends on what people call wild? Lol. For me personally, it was being gagged with a habanero pepper. I had a very mild I think allergic reaction to it (but I didn't know because I've never had a pepper shoved into my mouth. Also vomit. I think it squicks a lot of people out, but playing in vomit feels pretty amazing. It's warm and its always a surprise color and texture depending on what they ate. I love it! :)

## 5.Do you have any solid clean up tips for us?

#### **PI\_PHREEK**

If you are going to play - tarp EVERYTHING. Don't say, "oh the mess won't make it over there." Yes, it fucking WILL make it over there. It will splatter the ceiling. Don't underestimate the splatter radius. Dexter the play area or you'll be sorry. Also, be aware of things like food allergies. Careful with dairy - I tend to avoid it. It leads to a sour milk smell that can be a drag (unless unpleasant odorous foodstuffs is the kink you are going for!), so I stick to edible oil products, like "whipped topping" and Cool Whip (which has almost no real dairy) when I make my pies. Whipped topping and pudding - and if you want a big more "stickiness" add a little marshmallow fluff to the mix.

Sprinkles seem like a great idea - and look cool - but are gritty and uncomfortable to actually play in. After I have pied and been pied, I love the smooth, slippery, skin on skin, writhing around in the goo that follows - sprinkles really spoils that. Worse, the colours of the sprinkles run as the whipped topping breaks down into oil (seriously, after about 30 minutes, it's like playing in suntan lotion) and they can stain skin and hair. Same problem with adding food colouring. It can be risky!

More warnings: if you want to play in your tub or in your basement to take advantage of a floor drain, be carefull. Oil and water don't mix. To avoid a clog, you are better off just tarping the floor and throwing the remaining goo into the garbage. It might seem like a good idea to fill your tub with Jell-O, but I have heard more than one horror story of the drain clogs it can cause.

Final warning - safety. When you do play on a tarp, it gets slippery as fuck. Tile floors are even worse. Nothing sexy about an emergency room visit - especially if the EMTs have to pull your concussed, naked ass out of a splosh scene.

#### PSYCKLITLEPUPPY

Wear panties/ underwear you plan to trash!!! Use panting tarps to cover the floors and be close to a shower. It's messy business.

#### GINNYPIE

It depends on how intense you're going, but you can avoid a lot of cleanup afterwards if you prep correctly. Typically you'll want lots and lots of tarp to cover the floors and furniture and walls where you're playing. Always leave enough tarp to make a trail to the bathroom so people can wash off afterwards. Baby pools are my favorite to play in because you can get them cheap from target and fill them up, and if you don't feel like hosing it off at the end you can just toss it. Make sure you also have lots of extra-strong trash bags. Once you're finished you can just rinse off and throw everything away and you're done!

#### SHATTERED PULSE

Always have an exit strategy. Are you doing this in a shower? Outside? If you have to walk through someone's home, how will you make sure you're not trailing anything until you make it to the bathroom? If its at a party, do you have something you can wear until you can get home to get clean? Think of things like that.

Always have a towel. Always. Even having a hand towel during is a good idea. Sometimes things get into eyes that can hurt. Having something near by to wipe your eyes is great!

Remember substances can change. Soda is wet, but when it dries a bit, its sticky. Be mindful of that as you move around touching things at the end of a scene and don't get that all over space where you don't want it to be.

Be aware of how different things wash off of you and come prepared. Icing from cakes is often greasy and if you sit in it too long, you begin to smell like rancid grease. Dawn (the dish soap) is amazing at cutting through it quickly. However things like chocolate syrup or honey come off easily with normal soap. Pee and vomit scent go away easily, but scat doesn't always, especially if rubbed into the skin. Wax normally needs to be peeled of shaved off and then the residue washed away. That can be time consuming. You can also test things on a small area of skin (like your hand) to see how easily it will come off. If its difficult to wash your hand, imagine how much worse it is to get it off your whole body.

Tarps are super useful, but can rip. Having double layers of things under your sploshing area is super helpful. And remember things can splash in EVERY direction. So protect your ceiling too if its low and you're worried about it.

## 6.Any other warnings before we try it?

#### **PI\_PHREEK**

#5 should have covered it

#### PSYCKLITLEPUPPY

Do your research.

#### GINNYPIE

DO NOT USE DAIRY. I'm serious, dairy smells like shit when it starts to sink into your skin and it doesn't come out for a long time. Use replacements instead. Rather than whipped cream, use kool whip. Rather than ice cream, use gelato. Rather than yogurt, use literally anything else because god forbid you get yogurt on a carpet accidentally, you're done for. Eggs are the one exception, and they can be fun for mixing in impact play since they don't break when you throw them at somebody's body (if you DO want them to break when hitting the person, you need to pre-crack them before throwing). Also, for women, you may be worried about yeast infections when using sugary things, but typically unless there's

insertion you're going to be totally fine. If you're truly concerned, wear some panties or bikini bottoms you don't care about (be aware that they'll get destroyed). And for hair, sugary things are actually pretty good for hair and skin, but if that's not an option for you make sure you buy a shower cap. It's best to have water and clean washcloths on hand in case your eyes get anything in them. And if you're using any unfamiliar substances please for the love of god do your research to make sure it's safe for your body.

#### SHATTERED PULSE

I have heard that getting sweet things in the vagina can cause yeast infections. I've never had that issue, but it might be something to be aware of.

Just because something feels fine outside of your body, doesn't mean it will feel good in it. Getting ginger, pepper, or hot sauce on your genitals or in your mouth or eyes when you are NOT expecting it can be painful.

If you're going to play in people's bodily fluids and you aren't fluid bonded, please take what ever precautions you need.

# 7.Please share anything else that comes to mind. There may be a question I didn't even think to ask.

#### PSYCKLITTLEPUPPY

Invite me to the party. \*giggles

#### GINNYPIE

You can buy 18-pound buckets of marshmallow fluff online for a reasonable price, and Costco has great deals on irresponsibly-sized tubs of sweet fun things to play in. If you're interested in slime, you can buy a product called "Slube" that becomes slime in your bathtub. It's really fun and goes down your drain with no problem. (Just make sure to be careful when getting out of the bath because it can make things pretty slippery). It's also safe to be used for sexual activities, which is a great bonus!

#### SHATTERED PULSE

There are a lot of ways to splosh! It's not just rubbing things on your body. You can sit in stuff. You can chew things up and spit them back out on yourself or someone else. You can grab things off of other people or out of their mouths and use it. You can hit people in the face with different substances. You can smother, suffocate or gag people with different mediums. You can be mean and brutal, or soft and sweet. Go wild and use your imagination! There is no wrong answer if you and your partner consent and are having a good time.

Remember that you can negotiate specifics. It isn't weird. Its okay to want to make someone dirty without you getting dirty yourself. It's okay to want a substance every where, but not want it in your

mouth. It's okay to ask to feel something mid-scene before you just dive into it. This is about experiencing the sensations that make you feel good. Not harming your body.