

11. MUMMIFICATION: LET'S TRY IT!

1. What is the appeal of mummification for you? Both giving and receiving.

RAHH

Oh man. So, mummification is the ultimate in control. I have zero interest in receiving this- but giving it? Someone has to have a lot of trust in me - and I really like the feeling of someone trusting me to take care of them. Someone has to be cool with giving up total control - and I really like being in control. The other factor is that mummification gives you so much to build off of. Once someone is totally restrained, the scene is really your kinky oyster (Assuming you've negotiated any play after the mummification part!).

STEPHANIEROSE12

For me, it's almost like objectification... It strips away one's identity and movement. You're completely helpless and at another's mercy.

TAYLORDAWNMODEL

For me, I love the tightness and inability to move. It allows me to just mentally drift away and go to my happy place. I also love the feeling of being cut out of the wrap, it feels amazing when the air you're your body.

KNOT2NICE

I love bondage for bondage sake. Mummification allows for such an extreme amount of immobility and is very quick. I like that from both sides of it. I like knowing that every movement in every direction is being impaired and that a sense of helplessness is surrounding the person being mummified.

BEYOND_BOTTOM

I can't speak for giving on this subject yet except to imagine creating the same feeling for someone that I enjoy receiving. The reason I enjoy this so much is the intensity of it, you are completely immobile and at someone's mercy. That alone can be a very intense experience, but when you add sensory play like sounding, pegging and electro play, things can get exponentially more exciting.

MY PET

I love both giving and receiving. I love being helpless and I love pleasing others while being tied as well as while tying too.

LADYPLUME

As a Wrap Top, I love using plastic wrap and duct tape (or similar materials) to fully encase and restrict my Bottom. By combining wrap bondage techniques and easy-to-acquire disposable materials, I can deliver an experience for my Bottom that ranges from tranquil & meditative to playful & artistic to restrictive & prepped for general BDSM play to immobile & encased.

As a Wrap Bottom, I adore when my Top wraps me in plastic or tape in whatever position s/he desires. I personally enjoy tight, layered bondage with the tape adhering directly against my skin. I will sometimes struggle inside my wrap, and adore that I cannot get out unless my Top decides it is time. The perfect blending of bondage, power exchange, and kink!

2. Can you connect a single vanilla event in your life that made you look at wrapping or being wrapped and made you think, "I really, REALLY like this"?

RAHH

Yes! So here's a little history on what sparked this interest for me. I was with a college boyfriend (the first love of my life) and during sex or wrestling or whatever, he really liked it when I squeezed him tight with my thighs so he couldn't move. I have no idea how- he says he had the idea to wrap him in saran wrap- so I did that once or twice. He couldn't get out too easily, of course (not that he wanted to). Yeeears later, (I think I came into the scene when I was maybe 26 or 27?) I discovered the scene in South Florida, Ft. Lauderdale specifically, and I had started attending any class available to me where someone was teaching something. It's a little muddy where I first saw things actually done- I want to say I saw it twice, once at the former Command Performance, I believe it was an OTC/Newbie night or perhaps a TNG (The Next Generation) class, and the other time was the Women of Leather Florida (WoLF) meeting. Ms Marilyn (@MsSensualSadist) taught the class. I don't think it's that I didn't have an interest in it until this, I just hadn't really thought about it and hadn't had a kinky partner- or even a partner that let me do whatever I wanted, like that ex of mine did, in a very long time. At any rate, I had never seen it done before, with safety precautions discussed, ideas on what to do once someone was taped up, etc. Suffice to say, the classes renewed my interest, but it would be a bit before I could practice it. From there, I had 2 now ex-partners let me try it on them once or twice (no pictures of these, but this erotica came out of one of those encounters:

<https://fetlife.com/users/1115171/posts/3201574>), but then after that, I've had a lot of play partners that were trusting enough to let me do this, and my most recent ex and I engaged more in this type of play than anyone else I had done this with in the past (you can find their names and all their pictures of mummification in my mummy photos index).

STEPHANIEROSE12

not for mummification no, but bdsm as a whole yes... I learned about the lifestyle first then its fun and enjoyable activities after.

TAYLORDAWNMODEL

I cant think of a vanilla event that made me think I want to try mummification.

KNOT2NICE

I've been doing bondage as long as I can remember. I'd have to say watching cartoons where girls get mummified or captured in a spiders web were probably early contributors

BEYOND_BOTTOM

Yes, although I didnt realize it at the time. When I was a senior in high school, we had something called "sophmore slave day." Obviously a very different day and time then today. I took my "slave" and shrink wrapped her to a pole in the middle of the cafeteria during lunch hour, poured sugar packets on her while playing Def Leppard's song. The whole class watched on and we had a blast. Little did I know the seed was planted.

MY PET

Watching Adam west be tied on Batman tv show

LADYPLUME

I have always loved to pull blankets over my head, curl up into small spaces, or hold my breath and submerge under water. Isolation, coziness, safety, darkness have always appealed to me. I remember how I watched beautiful, adventurous women wearing leather catsuits in the TV show reruns from the 1960s (Catwoman from Batman, Emma Peel from The Avengers, Daphne from Scooby Doo were favorites). When I got older, I saw hentai drawings of women in inescapable bondage and always wanted to feel that way – beautiful, desired, but completely controlled through bondage. I couldn't afford leather catsuits, full sleep sacks, or quality straitjackets, but I could afford plastic wrap and duct tape. When I wrap (or am wrapped) in lustrous black 80-gauge shiny plastic, it looks like I am creating a beautiful latex mummy.

3. What are your favorite items to use to mummify or be mummified?

RAHH

Plastic pallet wrap, I like to use the small handheld ones (like you get for moving things or at a packaging store) to wrap most body parts individually, and then I use a larger roll to wrap the entire body - or to wrap the body to an object like a pole, table, chair, etc. And Vinyl tape. I have a large duck tape collection (thanks 50% off Michael's coupons) but after I discovered vinyl tape (from Amazon mostly) I had a hard time going back to Duck tape.

STEPHANIEROSE12

latex and shrink wrap. A latex catsuit is pretty close to being mummified, just add in some extra bondage... I also like shrink wrap and vacuum beds/cubes... It's like you're a toy that's packaged for sale or something.

TAYLORDAWNMODEL

I love saran wrap as a base layer and then vinyl tape over it. if vinyl tape isnt available then duct tape is a close second option.

KNOT2NICE

I mostly use Saran Wrap and sometimes electrical tape or duct tape on top but I have found that Saran Wrap done right is enough to hold pretty much anyone. Most people just aren't applying it appropriately.

I have used just straight tape with no Saran Wrap and vet wrap for a quick head mummification but my go to is just plastic

BEYOND_BOTTOM

A layer of shrink wrap is pretty standard but it's pretty common to just use that as a base layer and use duct tape or vinyl tape over that. It has greater strength as well as color options. But the shrink wrap acts as a barrier from the adhesive making allergies and eventual removal easier. Once wrapped, it's easy to expose fun parts for play such as nipples and genitals. You can also wrap over TENS pads and wires for electro play.

MY PET

Packing wrap it's wide and available at hardware store

LADYPLUME

My most frequently used items are 80-gauge plastic wrap (in either 5" or 18" rolls) with duct tape layered over it or vet wrap/medical self-adhesive bandages for head & mouth play. I use these three items for 90% of my wrap bondage in public play scenes. For extended bondage, I use longer wrap (usually 18" width) and more layers and tapes applied in a way that emphasizes restriction and immobility. For head wraps, gags, or dynamic wraps over joints, I usually add the vet wrap to my plastic. Because I use a lot of duct tape, I have titanium shears from the craft store – they allow me to cut tape (or remove someone from layered wraps) without the blades getting gummed up by tape adhesive. I use them religiously in addition to my normal safety shears when cutting my Bottom out of bondage.

4. What's the craziest thing you've ever wrapped or been wrapped in?

RAHH

Jeez, craziest? I'm not sure... I would say my two most difficult ones were the Umbreon because for some reason that partner kept getting really itchy... And the last one I did with that same partner was turning him into a Hannukah menorah.. And it was hard to make sure the candles were sufficiently staying put (I used jar candles, wouldn't recommend, really) while he also happened to have an issue with his ankles hurting him this time around. Suffice to say, we had to do some trouble shooting!

STEPHANIEROSE12

nothing to out of the ordinary, just industrial shrink wrap and latex layered together.

TAYLORDAWNMODEL

when it comes to materials to be wrapped in I cant say I have been wrapped in anything crazy. however, I have had some amazing designs I have been turned into. I was once wrapped as the flash, a candy corn, a snowman, a holiday tree.

KNOT2NICE

Probably straight duct tape. I've been mummified in duct tape with nothing underneath. Had about everything covered but my nostrils. That was painful to rip off but worth it.

BEYOND_BOTTOM

So far, the most unique has been to be wrapped up as a human Leather Pride flag. But I have seen people mummified as a puppy on all fours with a tail and to a cross as a target for CBT. Imagine being completely wrapped up and pegged from behind on all fours ❤️❤️❤️

MY PET

Ratchet straps all over and Saran Wrap

LADYPLUME

You can get as creative as you want with wrap bondage! Shiny black plastic is my favorite base material because it mimics lovely latex. However, I also use clear, green, red, and blue plastic fairly regularly. One of my specialties is to apply artistic or silly or meaningful themes over a partial or full mummy to decorate them. My creative materials include duct tape (so many options from solids, patterns, scented, writable, glow in the dark); flat 8x10 sheets of duct tape fabric; feathers & flowers; vinyl stickers; and almost any other item of inspiration. When creating a particular experiences for a specific person, I will use materials to achieve our scene goals and make them happiest. Crazy items have included: wool blanket or sleeping bag with ratchet straps; giant mylar "santa sack" gift bag; wrapping paper and bows; various materials that reinforce ageplay or pet play scenarios; inflated twisting balloons, outdoor holiday lights. I have turned someone into a giant piñata by wrapping them in plastic + tissue paper + duct tape + wrapped candies before a friend suspended them for the amusement of other party guests I have turned folks into sports team mascots; superheroes; birds or flowers; animals; Minions; My Little Pony critters; feminization or objectification dolls; and seasonal

themes.

5. What safety information do beginners need to DEFINITELY keep in mind?

RAHH

THIS IS EDGE PLAY. And also, negotiate up front (assuming you don't have a CNC or TPE relationship with said partner), mid scene negotiation when someone is completely restricted is regarded as very unethical. Make sure you get all your basic safety things out of the way- like, does this person have an issue with being completely confined, for example?? One more thing- NEVER LEAVE YOUR MUMMY UNATTENDED. People like to say they left someone alone like this for an hour on a bed while they went to go watch tv or something. You don't know what's going on in there, do not leave your mummy. You can make them THINK you've gone somewhere, just don't actually go anywhere.

STEPHANIEROSE12

safety. Body temp is always a concern, plus claustrophobia can be as well. You're going to sweat, plastic (and latex) doesn't breathe like regular clothes, so your body heat has nowhere to go. You'll sweat to cool down, a fan, will cool down the moisture inside, you won't feel the air, just the cold sweat. Always keep a good sharp pair of scissors or one of the shrink wrap safety cutters close by. Don't want to have somebody or be somebody panicking or having a emergency, and find out that you cant get free.

TAYLORDAWNMODEL

you need to make sure the bottom is hydrated very well before beginning and continue to hydrate them during the scene. also make sure to keep safety scissors on you at all times. also make sure the saran wrap/tape stays flat against the skin or it might pinch.

KNOT2NICE

Allergies - you don't want to find out you are allergic to the tape while you're in it
Any kind of breathing problems. When done properly Saran Wrap can get very tight and for some people can make it harder and harder to breathe. Depending on position etc. it could feel like an extremely tight corset and may impede breathing. This could lead to light headed ness, passing out, etc

BEYOND_BOTTOM

The biggest thing I can suggest is to listen to your body carefully. The biggest risk, barring claustrophobia, is overheating. Your body can't radiate the heat it normally does when you are wrapped and you WILL sweat. Make sure you hydrate well before and after.

MY PET

Knowing how your body is reacting and not going too long first few times it takes a while to acclimate and if anything feels numb stop even if you are super aroused

LADYPLUME

It is your responsibility to be safe when you play. Any form of bondage, whether done with a specific material, supervised by another, or self-tied, can cause physical effects and psychological stress to the body. You should learn basic safety protocols for bondage, sensory deprivation, and encasement. It also helps to know your own limits, negotiate your scene goals carefully with your partner, start gradually with easier/less constrictive wraps first, and get some experience before attempting more challenging things like full mummifications or extended bondage. Everyone is different and will have their own personal safety challenges.

6. As far as staying wrapped for long periods, do some positions work better than others?

RAHH

This is probably different from person to person and what they find comfortable. I would say it's easier to wrap someone sitting down the first time because they don't have to stand for a long period of time in the beginning before laying them down. It really just depends on each person's body. I'd say arms to sides are probably more comfortable than arms crossed over chest (actual mummy pose), however.

STEPHANIEROSE12

For sure, you want to be comfortable. Once your wrapped, if you cramp or Charlie Horse, you can't always move to relieve it.

TAYLORDAWNMODEL

i find it is easiest for the bottom to be on their back for a long scene.

KNOT2NICE

That will really depend on the person. I'm a big fan of mummifying like a mummy with the hands on the chest. I'd be careful of crossing the wrists on some people though as the tightness can cause one wrist to push hard enough to cut off circulation to the other wrist when done tightly for a long period of time.

BEYOND_BOTTOM

It depends on what you are doing for a scene but generally speaking, laying flat or sitting in a chair are probably most comfortable. If you have good flexibility, being on all fours (legs and arms bent, on

elbows and knees) won't be bad. But it is worth trying to hold that position for a bit beforehand to see how comfortable it is.

MY PET

i like laying down but some like sitting in a chair

LADYPLUME

I think it's a misconception that "mummification" requires the Bottom's body and head to be fully wrapped in layers (aka intense wrapping or full encasement/immobilization) where they are left alone for a long period inside the wrap (aka extended bondage). This is the most intense form of mummification and not for novice Tops or Bottoms. For full or ¾-body mummification, the primary challenge with positioning is that the Top will (probably) need to change the wrapped Bottom's position mid-scene. Most Tops prefer to wrap while their Bottom is standing (aka vertical) in order to get the tension right, apply in layers, and work 360 degrees around the Bottom. Yet once they are wrapped, the Top usually wants the Bottom laying down (aka horizontal) or strapped to a device (aka angled but supported) for balance, control, and body relaxation reasons. So they will need to move

the Bottom from vertical to horizontal – a maneuver which takes pre-planning and may even require a second Top to help while the Bottom is vulnerable and rendered unable to help move their legs/body at this stage.

While some folks do enjoy intense and extended mummification, I find more folks use wrap bondage as a technique to temporarily restrain someone or encase their head & torso for a scene. You can position the Bottom in any position – restricted only by your imagination and comfort/safety factors. I have mummified people into "clothing" or head wraps; into seated positions on a chair; kneeling onto a mat; onto equipment such as a St. Andrews Cross or spanking bench; onto tables; onto a lifting mechanism attached with a winch to a rig; and free-standing/dynamic positions so that they are pulled/constrained into position by the wrap & bend of their own body. It is also possible to suspend a wrapped person using plastic wrap for the uplines.

7. What piece of advice do you find useful but rarely mentioned?

RAHH

Perhaps a safety call? I'll admit I tend to forget to do this myself. But telling someone (who knows what you are up to), "Hey, can you call in 3 hrs and make sure we aren't dead or something?" If something should happen to the top mid-scene, the bottom is really screwed, you know?

STEPHANIEROSE12

safety can't be preached enough...a bad experience can turn somebody off to something they might really love and enjoy.

TAYLORDAWNMODEL

you should make sure to put padding between ankles and knees. I try to use foam, but thick folded towels or a small pillow would work. you just don't want the bones pressing against each other. I also like when my arms are wrapped individually and then wrapped together with the torso if time permits. you can also put cotton balls or similar underneath the wrap at the nipples and crotch area so you can cut open those area for access during the scene. you can use the openings to insert cool water if you want to cool off the bottom. if you are playing with someone like me that likes wam(food play) you could insert things like syrup or other liquid food mess.

KNOT2NICE

Understanding proper tension. Like with rope, tension is key here. There are moments for light tension and moments for a lot of tension. There are positions that if you do the tension right, it'll be wrong later. For instance. If you Saran Wrap, tape, tie the thighs together with the legs bent and then later straighten them, they will be looser than they should be. Understanding the body and tension is key

BEYOND_BOTTOM

Use the bathroom before hand! Unless that's part of your scene. Also, communicate with your top how hot you may be getting. Ice can be used to cool you down and extend a scene a bit or even take a sip of ice water. The time you can comfortably stay wrapped is different for everyone but no one wants someone passing out from overheating.

MY PET

None

LADYPLUME

Make sure your Bottom has eaten protein in the last few hours, drank water (and has a water bottle with a long straw handy for the scene), and has gone to the bathroom BEFORE you start your scene. Plastic wrap around the body will collect moisture inside it (combo of normal skin aspiration and possibly sweat); it will mold itself to your Bottom's curves like body armor; and it can easily raise the Bottom's temperature by 20 degrees. So be prepared to take care of a wet, dehydrated, possibly overheated Bottom during the scene and afterwards. Have an absorbent towel and possibly cooling devices (fan or wet fabric) to help the process. Also, bondagespace is a real thing – especially if you wrap your Bottom's head or impair their senses with your bondage. So be prepared for your Bottom to slip into a quiet, non-verbal state fairly easily during the scene and for a while afterwards.

8. Any other advice before we try it?

RAHH

Oh god, there is so much advice to give... I know I've written two writings on it but there's probably more to be said... (If you want to have a phone call I am amenable)

STEPHANIEROSE12

Not sure if you're going to wrap the feet or not, but if he starts at the ankles, put a towel where he starts, sweat will eventually leak out, a towel will contain the drippings. Get comfortable... You're gonna be in that position a while. You can move some but not a lot.

Keep a good pair of scissors handy - try cutting the plastic with em before you start, make sure they actually cut. In a emergency situation, you don't want to find out they don't work. I would also suggest when you're unwrapped, a warm (not hot) shower. Cold or cool will be a shock to your system and could cause issues, warm will help your body reregulate and stabilize. Plus you'll get all the sweat off.

LADYPLUME

Start with something easy like wrapping the new Bottom's hands and torso =OR= using plastic wrap as bondage bands to restrain wrists and ankles in place of cuffs. Then – in a separate scene or in stages -- try to wrap the Bottom's head into a blindfold/hood or a gag and see how they do with the process. Finally, you can try a chest wrap that hits the diaphragm where it may affect the Bottom's ability to breathe fully. Only after you know how the Bottom will react to bondage, sensory deprivation, and breath control will you know if they are a good candidate for a full mummification.

My Writings on Wrap Bondage and Sensory Deprivation can be found at
<https://fetlife.com/users/736404/posts/4480701>

TAYLORDAWNMODEL

Just play safe and have fun!!!

KNOT2NICE

Some positions will cause Saran Wrap to roll. Try to create a looser base of Saran Wrap on the body first for troublesome spots. If you can create a solid but loose structure first, then you can wrap on top of it with proper tension without worrying about it rolling as much

The type of Material you use makes a huge difference. There are many kinds of Saran Wrap. They all are unique and will not work the same way.

I'd say that you should not use any material or try any new kind of mummification without trying it on yourself first. Until you understand what it feels like, you are playing blind and that is not only unsafe, but the sign of a top that honestly is not even considering the well-being of their bottom, in my opinion.

BEYOND_BOTTOM

Have fun! The subspace from this can be so amazing. I hope you have a wonderful time. I'm very excited for you in trying this because I know how much I love it. And please share with me your experience. I love hearing about others trying new things, what they loved and what didn't work for them. It helps me to grow and learn.

MY PET

Do your head last but make sure the neck isn't too tight and you can breathe freely. Stay relaxed and make sure he is constantly checking on you. Make sure you set up a safe word or noise in advance.